### **Benefits of REU's**

- Direct involvement in research relevant to your chosen discipline.
- Experience developing and writing research proposals and disseminating the results.
- Experience recording and analyzing data.
- Receive mentoring from a faculty member or other research supervisor.

### **Benefits of Internship**

- Real world experience working with other professionals in the field
- Chance to hone your professionalism
- Networking opportunities
- Applying classroom knowledge to real life work problems.



### **Summary**

• The NSF STEM and STEP Internship / REU's provide a webpage that lists the potential opportunities available to you.

http://www.nsf.gov/crssprgm/reu/reu\_search.j

- Time spent interning or working on research can be the difference between obtaining a job or admission to graduate school.
- The earlier the better! Start thinking about potential internship opportunities right away.

# For any additional Information Please contact:

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Appalachian State University

### **Available Opportunities**

#### **REU'S**

Research Experience for Undergraduates.

### **INTERNSHIPS**

Paid and Unpaid opportunities to work in the Field

Please see inside of Brochure for more information.

# Importance of REU and Internship Experiences

### **Importance of REU Experiences**

 All disciplines rely on research to provide practical information and guidelines to professionals in the field. Being involved in research provides a unique understanding of the research process and a practical application of classroom knowledge and skills.

# Importance of Internship Experiences

• Today employers are looking for educated individuals who also have hands on work experience. Internships allow students to gain that experience while working towards their degree. By participating in internships while still in school you become a more prepared and marketable professional to prospective employers upon graduation.

## **Considerations**

### Focus on Your Field!

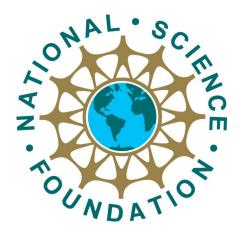
 Look for opportunities that will help you to broaden your knowledge within your specific discipline.

### **Do Your Homework!**

 Research each opportunity so that you can be sure that the work you will be doing is something your truly interested in.

### **Get Started Early!**

• It is never to early to start thinking about a potential internship or REU experience. As Dr. Tashakkori says, "If you don't apply, your chances of getting an internship or REU are already zero."



# Additional Information

### **REU's**

• More information can be found at the NFS webpage.

http://www.nsf.gov/crssprgm/reu/ reu\_search.jsp

#### **Internships**

 A list of potential internship opportunities can be found on the S-Stem webpage.

http://cs.appstate.edu/internship

#### **Course Credit**

 You maybe able to receive course credits for you internship and REU if you meet certain requirements. For more information regarding these requirements please view the following link.

http://cs.appstate.edu/internship